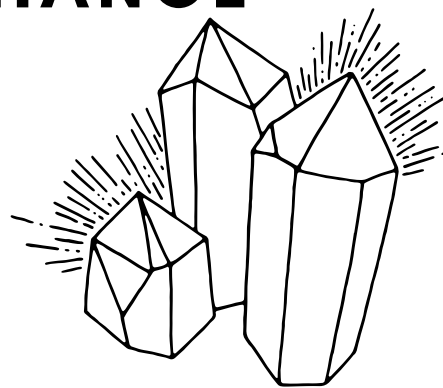


TEN CRYSTALS TO ENHANCE CREATIVE FLOW *for writers*



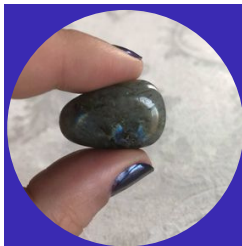
Super 7

SOUL-STAR & CROWN CHAKRAS
COSMIC DOWNLOADS
PEACE & INNER UNION



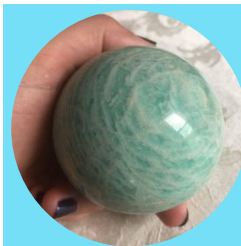
Amethyst

CROWN CHAKRA
CONNECT TO HIGHER
GUIDANCE



Labradorite

THIRD-EYE CHAKRA
SEEING THE BIGGER PICTURE
DEVELOPING INTUITION



Amazonite

THROAT CHAKRA
HEALTHY SELF-EXPRESSION
INTEGRITY



Green Fluorite

HEART CHAKRA
REVEALS SOUL PATH
HEART-CENTERED GUIDANCE



Tiger's Eye

SOLAR PLEXUS CHAKRA
PERSONAL POWER
LEADERSHIP



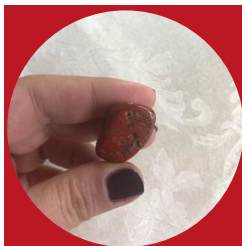
Citrine

SOLAR PLEXUS CHAKRA
DRAW ABUNDANCE
SELF-ESTEEM



Orange Calcite

SACRAL CHAKRA
BOOST CREATIVITY
ENERGIZE



Brecciated Jasper

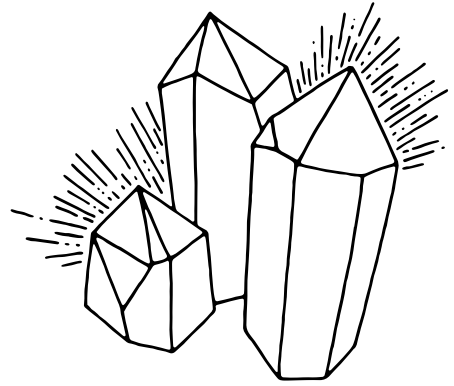
ROOT CHAKRA
BIG "BUTT-IN-CHAIR" ENERGY
GROUND & CENTER



Black Tourmaline

EARTH-STAR & ROOT CHAKRAS
MOMMA EARTH PROTECTOR
NEUTRALIZE BAD VIBES

WORKING WITH YOUR WRITING CRYSTALS



Working with Your Crystals

- Wear them as jewelry.
- Meditate with them.
- Carry them in your pocket or in a special pocket of your writing bag.
- Display them in your writing space.
- Select one intentionally to work with and get to know.
- Select one intuitively, letting Source guide you on what you need to know that day.
- Honor them by caring for them properly, never buying more than you can use, and passing them on as respectfully as you can.

Caring for Your Crystals

- Learn about their properties. Some are **toxic** when ingested or handled improperly, some are brittle and are best left on the shelf, and others need to be kept away from sunlight or moisture.
- Like all energetic tools, they retain energy from each use and should be cleared and charged from time to time.
- You can clear a crystal's energy with sacred smoke, Reiki, sound, or percussion.
- You can charge your crystals by the light of a full moon.

Where to Buy

Stick to reputable shops where it's more likely that the seller knows their stuff geologically, not just metaphysically. Ideally, you want someone who has been in the business long enough to be knowledgeable about vendors, mining ethics if that concerns you, and spotting fakes. I don't recommend Amazon, Etsy, or second-hand sales for that reason, at least until you know what you're looking for.

My Disclaimer

Crystals and gems won't solve all your writing problems. Some people feel an affinity for them and some simply do not. If you have ethical concerns, I advise you to research. If you don't want to use them, don't. A spiritual writing life requires NO purchase. Tools are just...tools. If you're curious, I recommend buying a few that you feel drawn to and seeing how you like them. They will make pretty paper weights if you decide they're not "for you."